#### MARTEN TRANSPORT, LTD.

# Transporter

**EXCEEDING EXPECTATIONS SINCE 1946** 

**FIRST QUARTER, 2024** 



### DRIVERS OF THE YEAR RECOGNIZED

Marten announces Driver of the Year and Fleet Drivers of the Year.

**SEE PAGE 2** 

#### **SAFETY**

### SLEEP APNEA PROGRAM

Adequate sleep is important to safety on the road.

**SEE PAGE 3** 



**OPERATIONS** 

#### **MAKING THE MOVE**

Marten changing from Omni-Tracs to Platform Science.

**SEE PAGE 4** 

#### **RECOGNITION**

#### MANY YEARS, MANY THANKS

Three, long-term employees say goodbye to Marten - Johnson, Chapin reach 30 year milestone.

**SEE PAGE 5** 

#### **RECOGNITION**

#### **HOLIDAY GIVING**

Marten continues holiday generosity to health care groups.

**SEE PAGE 6-7** 

#### **FEATURE STORY**



Back row: Jeff Stanton, Timmet Bernard Bonapartes, Martin Voelker, Jan Sloots, Daniel Knautz, Mario Diego Douglas, 2nd row Donald Scott Soderstrom, Raymond Dean Weeks, Thomas Campbell, Dallas Seif, Matthew Zerbe, David Bur, 1st row Jerry Larsen, Paul Gilstad, Richard Roth, Mark Linquist, Paul Wiese, Barry Pease.

### **Marten Drivers Honored**

### Wisconsin Motor Carriers President's Safe Driving Club

The Wisconsin Motor Carriers Association has been honoring safe, professional Wisconsin based drivers since 1996. This year, Marten Transport nominated 518 one year drivers. There were 69 recipients from 2 years to 13 years inducted into the

Safe Driving Club. All 5 year or more recipients of this prestigious award were invited to celebrate at a luncheon and dinner banquet at Osthoff Resort in Elkhart Lake, Wisconsin. As well as honoring these recipients for safe driving, we celebrated Jerry Larsen who was chosen as Wisconsin Motor Carrier's Driver of the Month for March.

To be eligible for this award, a driver must be a full-time employee or permanent leased operator who works for a Wisconsin Motor Carriers

Association Member and who drives a minimum of 35,000 miles on the public streets or highways annually. Miles may be from both in sta

minimum of 35,000 miles on the public streets or highways annually. Miles may be from both in state and out of state driving.

To be eligible for the first year of membership in the President's Safe Driver Club, the driver must have 36 continuous months of service with the same employer as of March 31 of the nominating year. In addition, the driver must have no accidents, whether on or off duty during those years and a clean Motor Vehicle Record indicating no traffic citations, whether on or off duty.

The driver must then be nominated for the PSDC membership by a company official. After initial membership has been earned, the driver may accrue

additional credits for each consecutive year of safe driving under compliance with these rules.

Congratulations to all our drivers! Here is the list of all those inducted into the President's Club 2nd year through 13th year.

**2nd Year:** William Bell, Cyle Robert Downing, Timothy J Duquaine, Robert Gardner, Michael C. Jenkins, Dontrell Grady Jones, Alvar Kaarama, William D. Krenz, Jacob Lakoduk, Matthew J. Nickels, Kevin Robert Parsons, Jerry Wattenburg, Don Wisnosky.

**3nd Year:** Sheldon Ayres, Jared Michael Bottomley, Mark Allen Davis, Paul A. Eigenman, John R. Henry, Vlado Keskic, James Langley, Robert D. Larson, Barry S. Lawhorn, Brian R. Olson, Greg W. Rose, Edward A. Theall, Paul Daniel Wisner, Randall H. Wood.

4th Year: Richard K Bandy, Michael W. Deck, David Blaine Dewitt, Kraig Norman Hollingsworth, Daniel Kivmaki, Nicholas Dean Klinger, Jerry Larsen,

Keith Bennett McDaniel, Philip L. Mrozla, Phineas B. Schrock, Ted Joseph Zaczkiewicz.

**5th Year:** Hiltwentif Alton Bryan, David Bur, Thomas Campbell, Thomas Andrew Dubasik, Dwain Hansen, Christopher Michael Jendro, Christopher Bart Osburn, Richard Roth, Dallas A. Seif, Donald Scott Soderstrom, Raymond Dean Weeks, Lee A. West, Vernon Wilberg.

**6th Year:** Timmet Bernard Bonapartes, Adrian T. Cocio, Roger P. Cook, Mario Diego Douglas, Daniel J. Knautz, Mark Linguist.

**7th Year:** Sirena M. Dennis, Jeffery T. Padilla, Barry S. Pease, James J. White, Bobby D. Zellers.

8th Year Recipients: Jan H. Sloots, Matthew Zerbe. 9th Year Recipients: Paul A. Gilstad, Kim F. Holten. 11th Year Recipients: Paul L. Wiese

13th Year Recipients: Jeffery A. Stanton.



Jerry Larsen

#### **RECOGNITION**

### **Marten Drivers of the Year**

Company Driver of the Year & Fleet Drivers of the Year Announced

Driver of the Year! Jon is a Kansas City Regional Driver and started driving for Marten in 2007. Jon achieved his 2 Million Mile Safe Driving Award in 2021. Marten Transport would like to congratulate Jon on this very prestigious award and thank him for his many years of hard work and dedication.

Jon Forer is Marten Transport's Company 2024



#### ← Marten Fleet Drivers of the Year →



Brad Hendren
Walmart - Clarksville



Rob Mateer Walmart - Tomah



Cassandra Townsend Dry-GA



James Warren Dedicated West



Michael Evertz



Jon Forer Kansas City Regional



Mark Smith SE Regional



Juan Torres Mid Atlantic



Charles Defrank Walmart - Wintersville



Wendell Hiott Great Lakes Regional



Derek Martin Memphis Regional



David Varner Phoenix Regional



B. Sayamoungkhoune Walmart - Monroe



Kimberly Storm
Dedicated - Texas



Alphonso Dobey Intermodal



Joseph Collias Tampa Regional



Ruben Holguin Western Regional



Geir Solbak SC Regional



Fred Holder Northeast Regional



Darius Nicholson Walmart-New Albany



Derek Moore Dry - KC



Karen Arvin Upper Midwest



Perfecto Tamayo Dry - AZ



Michael Bellinger Dedicated East

### **Congratulations Drivers of the Year!**

Marten Transport takes great pride in you and the dedicated, professional service you provide to our customers every day. We are fortunate to have the best drivers in the industry!

#### **BENEFITS**

### WELLNESS AND YOU!

#### Wellness Begins With You! NO ONE WANTS POOR HEALTH.

Take advantage of our free wellness programs and ensure your health for the future! Clinical Health Risk Assessments

· Complete the health risk assessment and pay no surcharge!

Take advantage of FREE age appropriate Preventative/Routine screenings such as:

- · Routine physical exams
- · Immunizations
- · Routine Mammograms & Breast Exams
- · Routine Pelvic Exams and Pap Test
- · Routine PSA Test and Prostate Exams
- · Routine Colonoscopy

By using in-Network providers **you will receive these exams for FREE**. Why Not take advantage to avoid high costly claims in the future?

#### Marten Transport Encourages a Tobacco-Free Workplace

In partnership with UMR Care
Management we have developed a tobacco cessation program designed to
help our employees become tobacco
free for life. This program is free to
members of any of our medical plans.

- · Certified Tobacco Cessation Specialists
- · Participants will be provided with information, education and continuous communication
- The program includes Nicotine Replacement Therapy at no cost!
- Follow up support to help you continue with a tobacco-free lifestyle

It is a proven fact, claim expenses are higher for tobacco users than non-tobacco

users. Your medical insurance premiums are also higher. Once you have completed the TOBACCO CESSATION program through UMR you will begin paying the non-tobacco rate.

## That is a \$15 Weekly Savings to You!

FOR MORE
INFORMATION ABOUT
THIS LIFE-CHANGING
PROGRAM, PLEASE CALL:

1-800-207-7680

### Marten's FREE Sleep Apnea Program

Sleep

Apnea

Symptoms

Dry Mouth/ Throat

Morning Headache

Memory Loss

-Insomnia

Snoring

Fatigue

Nocturia

Impotence

Depressed Mood

Attention Deficit

Time and time again statistics show that drivers who are fatigued are involved in crashes at a much higher rate than those who are well rested. The National Highway Traffic Safety Administration estimates

that every year there are about 100,000 crashes due to driver fatigue which result in about 800 fatalities and 50,000 injuries. Why put yourself or anyone else at risk? The FMCSA states "It is critical that persons with sleep apnea fully use the treatment provided. They should not drive if they are not being treated. Being effectively treated, and complying with that treatment, offers the best hope of a commercial driver with sleep apnea to secure the ability to do his or her job safely and be fully alert"

Getting adequate sleep is key to battling fatigue, but there is a large population of drivers who get the sleep time in, but still feel groggy or fatigue after a full night's sleep. This could be the result of not getting restorative sleep because one's body is not allowing them to get into a deep sleep due to apneas, where the individual stops breathing and needs to wake up to catch breath.

Long term effects of untreated apnea include increased risk for Alzheimer's disease, dementia, high blood pressure, Type 2 diabetes, stroke, heart disease and obesity. What's more, people with untreated sleep apnea often lack the energy to enjoy all that life has to offer.

Marten Transport implemented a comprehensive Sleep Apnea Program in 2012 to support the health and safety of our most valued assets, our Drivers. Not only do you have an opportunity to get tested, but you

will have a team of sleep medicine professionals at your disposal for individual attention to ensure your continued success with therapy, if deemed necessary. Your treatment success is a serious matter of health

and safety, and as a Professional Driver it is also a matter of professionalism required by the United States Department of Transportation (DOT).

What is the cost? There is no cost to our drivers! Marten Transports commitment to driver's safety exceeds all industry standards and the sleep apnea program is no exception. Where most carriers charge drivers for sleep testing or leave them on their own to get tested when flagged, Marten provides the testing at no cost to the driver and in the event a sleep machine is needed for treatment, Marten provides it at no cost to the driver. Marten also provides sleep supplies and compliance reporting at no cost to the driver. In 2023 the company spent \$1,105,935 maintaining the sleep apnea program and since its inception has spent more than 15 million dollars.



Today there are more than 900 drivers taking advantage of our program and on average are saving around \$2075 per year, that would be out pocket expenses at another carrier.

If you are experiencing any of the symptoms, please reach out to your fleet manager to get more

information on screening and possibly testing for obstructive sleep apnea. Non-drivers are also eligible for testing and can inquire about this with Safety.

#### **OPERATIONS**

Marten is transitioning all trucks from Omnitracs to

# PLATFORM SCIENCE!

Drivers will see **IMMEDIATE** improvement from our old units to the Platform Science tablets!

Less down time waiting for the unit to load

User friendly interface

Faster processing of WorkFlow & navigation

Tablet-based platform

# **Important Information About CSA Violations**

Recently, we have had a huge increase in violations in the Fatigued Driving (Hours of Service) category. Below are the majority of the violations:

- False log (not logging on duty when they should, only logging sleeper break, only logging off duty for breaks, misusing personal conveyance)
- Not knowing where the ELD instruction, malfunction, and user manual are located.
- Not knowing how to transfer their logs through ERODS.
- Not having a supply of blank log sheets in the truck.

Take time TODAY to know the above Hours of Service Regulations as well as the list below of FMCSA regulations for Compliance Regulations. *Just a Reminder that a violation of any DOT Regulation will result in disciplinary actions up to and including termination.* 

The FMCSA regulations require the below.

- Use sleeper berth when in the sleeper.
- On-duty time for drop/hooks and check-in/docking at customers.
- Use off duty when taking a break away from the truck.
- Log your pre and post trip inspection as ODND.
- Roadside inspections, fueling and random drug test are to be logged ODND.
- Make sure you know your HOS don't go over your 8, 11 or 14.
- If doing a split break, the 7- or 8-hour break needs to be logged as sleeper berth.
- Make sure you are familiar with where the ELD reference cards are. On the tablet these are under media manager.
- Understand how to transfer your logs to an officer through ERODS during an inspection.
- Understand and know where your blank log pages are. These will be in your permit book. If not make sure they are.
- Drivers need to certify their logs every day.

#### RETIREMENT







From left to right: Tim Streckfus with Fleet Manager Connor Thomas, Randy Marten with Greg Van Pelt and Joy Kellner with Manager Lindsey Zahara.

### For Many Years, Many Thanks!

### Trio, with nearly 75 years of service say goodbye to Marten

Timothy Streckfus began driving for Marten in August of 2003. He earned Million Mile Club honors in 2013 and the President's Safety Driving Club in 2023. Tim was very close to achieving his 2 million miles safety distinction at the time of his retirement. Tim would like to thank Fleet Manager Connor Thomas and Alison Gorton for helping him along his journey. Marten would like to thank Tim for his many years of service and wish him the best on his retirement.

Greg Van Pelt started his career at Marten Transport during the first year of Ronald Regan's presidency (1981). After more than 40 years, Greg decided it was time for more free time to enjoy life. When Greg started at Marten, there were a total of six Dispatchers in the original office in Mondovi. This included Randy Marten and his mom and

dad. All dispatching was done using a magnetic board. Along with dispatching, Greg recalls, "you did many jobs back then, customer service, quoting rates, billing and whatever else needed to be done." Marten had approximately 75 company trucks, 26 Contractors and 119 trailers. Things were simpler back then and you knew each driver and customer.

In 1998 Greg was promoted to Director of Special Operations, which he continued throughout the rest of his employment. He specialized in the fuel department and dedicated accounts. When he started negotiating fuel prices they were well under \$1 and then climbed to \$4 and \$5 at times.

Marten has been a great company to work for and good for his family. Greg enjoys working a day or two at a bike shop when he can fit it into his schedule. Both Greg and wife Jami (who retired from Marten a few years ago) enjoy baby sitting their grand kids. Marten would like to thank Greg for his many years of dedicated service. Congratulations Greg!

Joy Kellner joined Marten in the Billing Department in 2008 and was promoted to a Senior Billing Processor in 2013. Over the years she assisted with OTR, Dedicated and our Marten de Mexico business. She has been an invaluable member of the Billing team for the last 15 years. Her knowledge of her accounts, mastering websites, tenacity on getting receivables collected and being able to learn and assist wherever needed, made her a tremendous asset to Marten Transport.

Congratulations to Joy on her retirement, she will be missed!

#### **RECOGNITION**

### Johnson, Chapin Still Going After 30 Years with Marten



Sam Johnson started as an OTR driver in 1994. He continued to haul freight across the country, in every kind of weather, for the next 25 years before changing to a regional position. He has many fond memories along the way. The biggest change he has seen while at Marten is the equipment, "the trucks just keep getting better and better as the technology improves." He has had the opportunity to meet many good people along his journey with Marten.

With the changing economy, especially with the trucking industry, he has never had to wonder if he was going to get a paycheck at the end of the week. This is one worry no one wants or needs. Sam achieved his Million Miles in 2007, 2 Million Miles in 2015 and will be inducted into the 3 Million Mile Club in 2024. This is great achievement and we are happy that he continues to drive for the best!



Julie Chapin recently celebrated three decades at Marten Transport. She took a few moments to reflect on her Operations experience over 30 years with the company:

"Working at Marten has been more than just a job; it's been a journey with an extended family. The warm, family atmosphere and the genuine friendships formed over the years have made every day a pleasure.

Reflecting on the incredible memories, I am grateful for the support, encouragement, and shared experiences that have shaped my career. Here's to three decades of growth, teamwork, and success at Marten Transport! I look forward to many more years of contributing to our shared success."

# Our Holiday Tradition of Civing Continues!

In 2013, we began contributing to healthcare providers where the children of our employees were being helped. It is because of our employees' consistent hard work that we are able to donate to kids with muscular dystrophy, ALS and other related diseases. These diseases cause children to lose their freedom to walk, talk, run and play; and even worse to laugh, hug and eat. As we mark our 11th year of this tradition, we are proud to donate to two organizations totaling \$100,000 again this year!



Riley's Hospital for Children at Indiana University Health is one of the nation's leading pediatric hospitals and Indiana's first and only comprehensive hospital dedicated exclusively to the care of children. Our donation will provide the setup of a harness step system in their physical therapy gyms. Riley's Physical Therapists that work with kids with neuromuscular diseases are very eager to introduce this system to help these children improve muscle strength and function, protect them from falls and injury and increase their confidence. Riley Hospital operates four physical therapy gyms, making access more convenient for patients and their families.

Muscular Dystrophy Association (MDA) helps people all over the US living with muscular dystrophy, ALS, and other related neuromuscular diseases, empowering them to live longer and more independent lives. Each year, the MDA has overnight youth summer camps allowing kids to live beyond their limits at no cost to their families. This camp is a place of complete inclusion, empowerment, exploration, and growth. Marten's donation will allow the MDA to include more children and create a world of possibilities for them this summer!



### Annual Holiday Contributions 2013 - 2023

-RILEY'S HOSPITAL FOR CHILDREN AT INDIANA
UNIVERSITY HEALTH

-MUSCULAR DYSTROPHY ASSOCIATION (MDA)

- -CHILDREN'S MERCY HOSPITAL KANSAS CITY, MO
- -BELIEVE BEYOND ABILITY GILBERT, AZ
- -ASSOCIATION FOR CREATINE DEFICIENCIES CARLSBAD, CA

2022: \$100,000



2021: \$75.000

- ASSOCIATION FOR CREATINE DEFICIENCIES CARLSBAD, CA
- PARKWOOD FARMS THERAPY CENTER SNELLVILLE, GA



2020: \$60,000

2019: \$50,000

ST. JUDE CHILDREN'S RESEARCH HOSPITAL PROTON THERAPY CENTER - MEMPHIS, TN

CLINICAL PEDIATRIC DIABETES PROGRAM AT RILEY CHILDREN'S HOSPITAL - INDIANAPOLIS, IN

2018: \$40,000

2017: \$35,000

CHILDREN'S HOSPITAL & MEDICAL CENTER OF OMAHA, NE MEDICAL/SURGERY FLOOR AND THE CAROLYN SCOTT RAINBOW HOUSE

MAYO EUGINIO LITTA CHILDREN'S HOSPITAL IN ROCHESTER, MN

2016: \$30,000

2015: \$30,000

ALL CHILDREN'S HOSPITAL OF ST. PETERSBURG, FL AUTISM CENTER

CHILDREN'S MERCY OF MISSOURI NEPHROLOGY DEPT.

2014: \$25,000

**2013: \$25,000** 

CHILDREN'S OF MINNESOTA ONCOLOGY















#### **FEEDBACK**

### **Employee Feedback**

We appreciate your honesty. Please use this form for comments, complaints, or suggestions. Your input helps make Marten the best possible workplace for all employees. Drivers may submit this form in a Trip Pak envelope, ATTN: HR - to be routed to the appropriate department for a response. Office and terminal employees should submit to HR for departmental routing.

COMMENTS:	
Name:	Driver No.:

#### DRIVERS OF THE QUARTER

2023 QUARTER 4 -

Mondovi OTR - Sergio Munoz Mondovi UM - Adam Dabros Kansas - Jon Forer Kansas Dry - Nick Prather Texas Dry - Christopher Montanaro Jr. Georgia Dry - Jahlena Pelle Arizona Dry - Perfecto Tamayo Carlisle, PA - Jeison Duran-Santana Tampa, FL - Joseph Collins Tucker, GA - Anthony Franks Zionsville, IN - Michael Anibu Wilsonville, OR - Jose Ortiz Colonial Heights, VA - Rob Hargis DeSoto, TX – David Crittendon
Memphis, TN – Mike Kirkpatrick
Texas Dedicated – Kimberly Storm
Walmart (New Albany) – Laramie Bean
Intermodal – Bigvai Carrillo
Phoenix, AZ – Sallie Davis
Walmart (Clarksville) – Joseph Brewster
Walmart (Tomah) – Rob Mateer
Walmart (Wintersville) – Chuck DeFrank
Walmart (Monroe) – Eric Underwood
Dedicated East – Michael Bellinger
Dedicated Cantral – Gilber DeLaCruz
Dedicated West – James Warren



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