

SAFETY



SAFETY STARTS, ENDS WITH G.O.A.L

Slogan helps lead to increased safety awareness. **SEE PAGE 2.**

OPERATIONS

ABBOTT NUTRITION CARRIER AWARD

Marten earns Carrier of the Year award from Abbott Nutrion. SEE PAGE 2.

BENEFITS

401k and Benefit enrollment periods announced. SEE PAGE 4.



WULFF RETIRES Long-term employee retires from Mondovi Trailer shop.

DRIVER APPRECIATION

Marten celebrates annual week of driver pride.

INDY TEAM DOES TRIATHLON

Team from Indy Terminal participates in Triathlon **SEE PAGE 5.**

FEATURE STORY



TOP (Left to Right): John Joines (Great West Causality Risk Assessment), Superintendent Tim Carnahan, Dan King (Marten Transport Safety Director). Bill Stannard (Great West Causality Risk Assessment) at the annual safety awards ceremony held at Lambeau Field in Green Bay, WI on September 19. BOTTOM: Marten displays it's three consecutive Great West Safety Awards for fleet safetv.

Wisconsin's Safest Fleet Marten is safest truckload fleet for third straight year!

Marten Transport was awarded the 2023 Safest Truckload Fleet in Wisconsin by the Wisconsin Motor Carriers Association. This is Marten's third consecutive year being awarded this prestigious award. To be eligible for the award companies must have an accident ratio of 3.0 or less and report only miles and accidents occurring in Wisconsin. Thanks to our Marten Team we had an accident ratio in 2022 of 0.016 with 17,366,604 miles driven! That is an incredible statistic. At Marten, safety is our number one priority, we invest in experienced drivers and install the best technology in our trucks to support our drivers. It is an honor to be recognized for the third year running by the Wisconsin Motor Carriers Association for our efforts in keeping our drivers and other motorists safe on the roads.



OPERATIONS

Safety Starts and Ends with a G.O.A.L.

Slogan provides the keys to awareness and safety for delivering freight



The goal of a trucking company and also for any truck driver is to deliver freight from one location to another safely, and to have the freight be in the same condition it was when we received it. As simple as that sounds we all know there are many outside factors and obstacles that can prevent that from happening. Marten continuously upgrades equipment and safety features but that can only help.

It takes a skilled driver using the tools and equipment they are provided to complete the job. One of the most simple and effective tools a driver has is G.O.A.L. Goal stands for Get Out And Look. Backing accidents are a huge expense. Marten has had 374 preventable backing accidents, costing approximately \$960,000.

G.O.A.L. is as easy as it sounds. Before you back into the dock or parking spot set your brakes and get out of your truck and look on all 6 sides of your truck to ensure you have a clear path to your destination (front, back, left side, right side, top, and bottom). While you are out looking make a mental note of any hazard or obstacle that you see so you can watch for them as you back up.

Once you have completed your survey get back in the truck, locate any of the hazards or obstacles you noted in your mirrors, proceed to back into your dock or parking spot. By doing this you will minimize the potential of having a backing accident.

G.O.A.L. is not only a tool for backing, You can and should use this in any situation that you are unsure of your surroundings. Taking a few seconds to get out and look to prevent an accident will save you time, money, and pride by not having to be down with an accident.

WHEN IN DOUBT...

Get Out And Look also means that you should always be aware of your surroundings in parking lots, yards, or in heavy traffic. In situations when you cannot get out of your truck and look, you should use the same thought process to ensure you know where the hazards are around you as you maneuver through these constantly changing situations. It is easy for something to get lost in a blind spot if you are not paying attention to what is going on around your truck.

If you lose track of a car or other hazard while driving never assume it is clear, It may have moved into a blind spot. Make it a priority to know what is always around your truck, whether you are driving down the interstate, or backing into a dock you are responsible for being in control of the truck. Why not make sure you have all the information you need to be the best driver possible on the road.



Marten Named Abbott Nutrition's Carrier of the Year for 2022

awarded the Abbott Nutrition 2022 Carrier of the Year award.

The scorecard results included a 98% service to Walmart distribution centers, 85% preloading of trailers and active participation across the entire country

Marten would not have been

the following customer service leaders for their daily participation in this account. Denton Jimenez and Rebecca Ortega.

hard work and dedication of our drivers and Marten has a winning team!

BENEFITS

REAL APPEAL HAS NEW FEATURES! Updated Success Kits and coaching sessions are conducted by a Real Appeal Coach, no more prerecorded videos.

Changing Your Lifestyle Isn't a Sprint

Real Appeal isn't just another weight management program. It can help you develop healthier habits you can live with for life. Best of all, it's available to you and eligible family members at no additional cost as part of your health insurance. It features support to help you live a healthier life.

- Online Resources Access coaches who lead group sessions, as well as community support
- Inspiring Content Discover member stories, blog posts, informative articles, and simple activities you track
- Motivational Tools Your Success Kit gives you access to online fitness classes, scales, a portion plate and more



Get started now at **enroll.realappeal.com** or scan the QR code.

Have your health insurance ID card handy when enrolling.

Complete 9 Real Appeal coaching sessions within a year of completing a welcome session to be eligible for a \$50 incentive!

LifeWorks is Now Part of Telus Innovative app helps you feel supported & connected wherever you are

With LifeWorks app, you can access qualified support for your mental, physical, social and financial wellbeing, any time, from anywhere!



BENEFITS

IMPORTANT REMINDER: Benefit open enrollment is scheduled for October 31 - November 17. Keep an eye out for benefit information in the mail and on Omnitracs.



OUR TOP EARNING DRIVER IN 2022 EARNED AN ADDITIONAL \$13,500 ON TOP OF THEIR REGULAR PAY!

	Referral Referrals	
Total Referral Bonus	\$2000	\$2500
Upon Hire	\$500	\$500
30 Days Employment	\$500	\$500
60 Days Employment	\$500	\$500
90 Days Employment	\$500	\$1000

First

401(k) Annual Auto Enrollment Period All 401(k) auto enrollment changes will take effect on November 1

Participating in Marten Transport's 401(k) plan is one of the easiest ways to save for retirement! Plus, you'll gain the benefits with the company match of \$.35 on the dollar up to 6% of pay that you contribute! This is free money!

• In order to help our employees secure a better financial future, employees who are not currently participating or those deferring less than 6% will be automatically enrolled. This means if you are eligible and you are contributing less than 6% to the 401(k) plan, you will be automatically enrolled for a pre-tax contribution of 6% of your gross pay. Also, your contribution level will increase by 1% each year until it reaches 15%. These changes will occur on your automatic enrollment date. Look for the Transamerica packet of information in the mail!

Auto enrollment plan changes will take

effect November 1, 2023. For those who don't want to be auto-enrolled or if you would like to change your contribution percent, please contact Transamerica by October 25th at 1-800-755-5801 or log on to www. Transamerica.com/portal.

Additional

Don't shortchange your future! Participate in the plan, receive the Marten match and watch your money grow!

RECOGNITION

MARTEN DRIVER APPRECIATION WEEK Annual event held at terminal locations September 11th through 15th



Marten Driver Appreciation week was held September 11th-15th. Food and fun activities were part of the celebration at our terminal locations. Marten extends a special thanks to all our drivers for everything you do! YOU are what makes continued growth and success possible. Make sure to get your appreciation gift at our terminal locations.



Wulff Bids Mondovi Trailer Shop a Fond "Farewell" in Retirement

Rodger Wulff (far right) retired in June after 17 years of working in the Mondovi Trailer Shop. Rodger is looking forward to fishing and relaxing in his retirement. Rodger, we wish you all the best!

Indianapolis Terminal Team Participates in Triathlon



Team Marten consisted of (from L to R): Charlie Walz (Regional Ops Manager), Anna Davis (Dedicated Analyst), Matthew Amheiser (Planner), Tom Dolan (Dedicated Analyst) and Tyler Drake (Great Lakes Fleet Manager)

Big shout out to Team Marten from Indianapolis Operations, who participated in the 2023 Anchor Bay Triathlon in New Baltimore, Michigan on July 8th. Anna and Tom were the swimmers for a half-mile swim in Lake St. Claire. Charlie and Tyler biked an 11-mile ride around the city and Matthew ran 3 miles to the finish line. Go Team Marten!



HUMAN RESOURCES

Design the Marten Holiday Card! Card Contest Guidelines

- Entrants must be employees or children of employees
- Only 1 entry per person is allowed
- Designs should be appropriate for business and consumer use
- Artwork must be your own original work/creation
- Do not create an entire holiday greeting card, just artwork for cover
- By entering the contest, entrants agree to have their submitted designs displayed on the Company website, newsletters, blogs, press releases and other communication channels at its discretion without compensation
- Entry can be emailed to jobs@marten.com

Deadline for submitted entries: November 10th

FEEDBACK

Employee Feedback

We appreciate your honesty. Please use this form for comments, complaints, or suggestions. Your input helps make Marten the best possible workplace for all employees. Drivers may submit this form in a Trip Pak envelope, ATTN: HR - to be routed to the appropriate department for a response. Office and terminal employees should submit to HR for departmental routing.

COMMENTS:

Name:

Driver No.:____

Marten Transport, Ltd. 129 Marten Street Mondovi, WI 54755

PROHIBITE



REACHING HOLDING DIALING TEXTING READING

LOOKING AT YOUR PHONE WHILE DRIVING IS AMONG ONE OF THE <u>WORST</u> DRIVING DISTRACTIONS AND IS <u>ILLEGAL</u>.

Your devices must be hands-free.

IF YOU ARE CAUGHT OPERATING HANDHELD DEVICES WHILE DRIVING, THIS IS GROUNDS FOR TERMINATION AND YOU COULD BE SUBJECT TO FINES AND SUSPENSION OF YOUR CDL!