

Transporter

EXCEEDING EXPECTATIONS SINCE 1946



FIRST QUARTER, 2023



RECOGNITION

DRIVERS OF THE YEAR NAMED

Myers named Company Driver of the Year - 2023 Terminal Drivers of the Year.

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SAFETY

AVOIDING DRIVING DISTRACTIONS

Tips for maintaining safety on the road by eliminating things that cause loss of focus.

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RECOGNITION

DONATIONS CONTINUE

Tradition of giving to health care organizations continues at Marten Transport.

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RETIREMENTS

FOUR RETIRE FROM MARTEN

Martin, Lemke, Thomas and Pickford bid a fond farewell.

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BENEFITS

MEDICARE TIPS

A look at special renewal period options and more.

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FEATURE STORY



Front Row (left to right): Matt Zerbe, Jeff Stanton. Second Row: Bobby Zellars, Mario Douglas, Adrian Cocio, Vanessa Mercer, Barry Pease. Back Row: Daniel Knautz, Paul Wiese, Alvar Kaarama, Harjan Sloots, Richard Roth.

Marten Drivers Honored

Wisconsin Motor Carrier President's Safe Driver Club

The Wisconsin Motor Carriers Association has been honoring safe, professional Wisconsin based drivers since 1996. This year, Marten Transport inducted 74 drivers. Drivers were celebrated at a luncheon and dinner banquet at Kalahari Resort and Conference Center, in Wisconsin Dells, WI. As well as honoring driver's who have earned their 5th year or more of safe driving, we celebrated Vanessa Mercer, who was chosen as Wisconsin Motor Carrier's Driver of the Month for August and Alvar Kaarama, who was the May Driver of the Month. To be nominated for the President's Safe Driver Club drivers need to have 36 continuous months of service with the same employer, no accidents or citations (on or off work) be dispatched out of Wisconsin and drive a minimum of 10,000 miles in Wisconsin per year. Congratulations to all our drivers! Here is the complete list of all those inducted into the President's Club.



Vanessa Mercer and Alvar Kaarama

Kevin Parsons, Jerry Wattenburg, Timothy Weir, Don Wisnosky.

2nd Year Recipients: Sheldon Ayres, Mark Davis, Paul Eigenman, David Hass, Richard Hickman, James Langley, Robert Larson, Brian Olson, Greg Rose, Wesley Slagerman, Edward Theall, Paul Wisner.

3rd Year Recipients: Richard Bandy, Michael Deck, David Dewitt, Kraig Hollingsworth, Nicholas Klinger, Jerry Larsen, Keith Mcdaniel, Vanessa Mercer, Ted Zaczkiwicz.

4th Year Recipients: Hiltwentif Bryant, David Bur, Thomas Campbell, Thomas Dubasik, Timothy Duquaine, Dwain Hansen, Christopher Jendro, David Munger, Christopher Osburn,

Richard Roth, Dallas Seif, Donald Soderstrom, Raymond Weeks, Lee West, Vernon Wilberg.

5th Year Recipients: Timmet Bonapartes, Adrian Cocio, Roger Cook, Mario Douglas, Daniel Knautz, Mark Linquist.

6th Year Recipients: Barry Pease, James White, Bobby Zellars.

7th Year Recipient: Jan Sloots, Matthew Zerbe.

8th Year Recipient: Paul Gilstad.

10th Year Recipient: Paul Wiese.

12th Year Recipient: Jeffery Stanton.

RECOGNITION



Driver of the Year

Company Driver of the Year & Terminal Drivers

Frank Myers is Marten Transport's Driver of the Year!

Frank is a Western Regional Driver and started driving for Marten in 2013. In 2022, Frank achieved his Million Mile Safe Driving Award. Marten Transport would like to congratulate Frank on being named Driver of the Year and thank him for his hard work and dedication.

This years Terminal Drivers of the year are shown below: These outstanding drivers are selected by the Operations Managers from over 3500 drivers at Marten Transport.

◀ Marten Terminal Drivers of the Year ▶



Gary Enderlin
Walmart - Clarksville



Kevin Parsons
Walmart - Tomah



Karen Lyons
Dry-GA



Burnell Harris
Coke Dedicated



Jose Bernabel
OTR



Larry Shelton
Kansas



Anthony Frank
Tucker



George Foster
Colonial Hts.



David Horwedel
Walmart - Wintersville



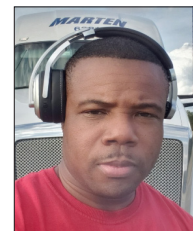
Joseph Young
Zionsville



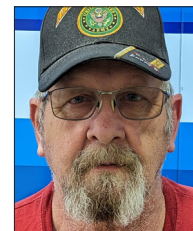
Dallas Johnson
Memphis



Daniel Lee
Phoenix



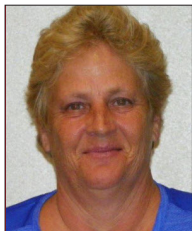
Clifford Williamson
Walmart - Monroe



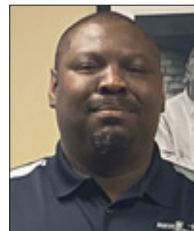
Jeff Farmer
Walmart - Shelbyville



Curt Nelson
Intermodal



Rebecca Ling
Tampa



Frank Myers
Wilsonville



Robert Ferguson
DeSoto



Stephen Greer
Carlisle



Ray Thompson
New Albany



Anthony Walter
Dry - KS



Scott Berther
Upper Midwest

Congratulations Terminal Drivers of the Year!
Marten Transport takes great pride in you and the dedicated, professional service you provide to our customers every day. We are fortunate to have the best drivers in the industry!

SAFETY

How to Avoid Distracted Driving

Even small, seemingly insignificant things can hinder your safety



The latest data available from the National Highway Transportation and Safety Administration (NHTSA) shows thousands of people are severely injured or killed by distracted driving every year. Distracted driving affects everyone on the road. Distractions come in all shapes and sizes, but some precautions can help drivers avoid the serious consequences of distracted driving.

Driver distraction is the diversion of attention from activities critical for safe driving to a competing activity. Driver distraction increases your risk of getting into a crash.

Distractions can come from both inside and outside of your truck cab. Distractions inside of your cab can include dialing cell phones, texting, using dispatching devices, eating, reading, or adjusting the radio. Distractions outside of your cab can include looking at a passing building, billboard, or person. One way to think about distraction is to ask yourself if something is drawing your attention and taking your eyes away from the road ahead of you. If the answer is “yes,” it is probably a distraction.

Suggestions to keep you from driving distractions

1. Do not let objects outside your truck distract you.

When driving, stay focused on the job of driving your truck. You should avoid focusing on things outside of your truck that are not related to driving. This includes things like billboards, buildings, and people. Remember, anything taking your eyes away from driving is a distraction and can be dangerous. Paying attention only to the things that are related to driving will help keep you aware of the road and of the cars around you and will help make sure you are ready to react to anything unexpected. A 3-year study found that an estimated 11,000 truck crashes involved distractions outside of the truck

2. Do not use your cell phone while driving.

Texting and driving is illegal for CMV drivers. Texting or reading something on your phone is the most alarming distraction. Sending or reading a text takes your eyes off the road for about 5 seconds. At 55 MPH, that is the equivalent of driving the length of a football field with your eyes closed. You cannot drive safely unless the task of driving has your full attention. So far in 2023 Marten has already lost 19 drivers for using their cell phones

while driving. Not only did these drivers lose their job with Marten, but they will also have a hard time finding another driving job with this on their driving record. Reaching, holding, dialing, texting, and reading anything on your mobile device is prohibited while driving.

3. Do not read, write, or use a paper map while driving.

Printed directions, notes to yourself, and maps are a normal part of your job. However, reading or writing while you are driving is a much bigger risk than you might think. Reading a map while driving increases your risk of being in a crash. This is because both reading and writing take your eyes off the road ahead of you. If you need to read something or write yourself a note, the safest thing to do is pull over. Never read, even a map, or write while you are driving.

4. Avoid eating and drinking when driving.

Sometimes you may feel like driving is the only time you have to eat or drink. But you may not realize that eating while driving can be dangerous. Eating while driving can take your eyes off the road. It always takes at least one of your hands off the wheel. Always try to eat or drink before getting behind the wheel or leave time to pull over and eat. On May 23, 2008, a 51-year-old CMV driver crashed into the back of a stopped school bus, which was letting children out, on Highway 50 in western Kenosha County, Wisconsin. The CMV driver was distracted by drinking a soda and did not see the school bus, which was stopped with its lights flashing and its stop-arm extended. After the crash, 14 children had to be taken to area hospitals, 4 of them with serious injuries. The CMV driver was transported to a hospital in critical condition. This crash may have been prevented if the CMV driver was not distracted by drinking the soda and was paying full attention to the road ahead.

RECOGNITION

Tradition of Donation Continues

In 2013, we started the tradition of donating to healthcare providers who are helping children of our employees. As part of our 10th year of donating, this year we were able to increase our contribution to \$100,000 and donate to three wonderful organizations! Thank you for your hard work every day to ensure the company's success and ability to make a donation to better the lives of our children!

Children's Mercy Hospital, Kansas City, MO

- Home Care Visits & Equipment - this is a full-service pediatric home health care program that gives the family and child the option to be in the comforts of their home while still receiving care. The program also covers equipment a child may need while at home:

feeding tubes and other feeding devices, biofeedback devices for measuring change in heart rate, muscle tension, skin temp or brain waves, DME (Durable Medical Equipment) and specialized food to help treat conditions like Celiac Disease, Crohn's Disease, eosinophilic esophagitis, diabetes, hypertension and more. Many of these services and equipment are not covered by insurance and is what our donation is going towards.

- Hospital Based Teachers

Program – CMH has 5 full time teachers that work directly with the child's school to get all of the schoolwork in order to tutor and ensure that the child does not fall behind in school. This gives the child a sense of normalcy while at the hospital and allows their transition back into class much easier. These teachers also provide the children with extra learning activities such as STEM projects, learning shows and games and a library of books. Due to a new one-use protocol on books, they have a big need for books. Our donation will go towards building their book supply as well as project and activity supplies.

Assoc. for Creatine Deficiencies & Believe Beyond Ability

- Being past donation recipients, both organizations have kept in close contact this year providing us heartwarming updates on the impact we were able to make in so many children and families lives. Their ongoing drive to continue to impact and change children's lives and the gratitude they have for donors inspired us to donate to both organizations again this year.

Previous Recipients; 2021- \$75,000

- **Believe Beyond Ability – Gilbert, AZ**

Assistive Technology devices to increase independence and access to activities of daily living for children with disabilities.

- **Association for Creatine Deficiencies – Carlsbad, CA**
Funding for newborn screenings to detect Creatine

Transmission Deficiency and sponsor children with Cerebral Creatine Deficiency to participate in an annual kids camp that allows them to engage in adaptive recreation.

- **Parkwood Farms Therapy Center – Snellville, GA**

Donation to provide yearly care for their horses. They provide horse therapy to children with disabilities which can improve muscle and core strength, social skills, improve communication skills and impulse control.

- **2020- \$60,000 Newborn Intensive Care Unit (NICU) at Phoenix Children's Hospital-Phoenix, AZ**

New NICU wing – patient cameras on each crib for off-site family viewing

- **2019- \$50,000 St. Jude Children's Research Hospital Proton Therapy Center-Memphis, TN**

Proton Therapy Center – Proton therapy machine which treats the most aggressive cancers.

- **2018- \$40,000 Clinical Pediatric Diabetes Program at Riley Children's Hospital-Indianapolis, IN**

Educational activities for children and their families such as supplies for healthy cooking classes as well as equipment for exercise classes. Medical alert bracelets and tables were also purchased to be used as

educational tools in the clinic

- **2017- \$35,000 Children's Hospital & Medical Center of Omaha, NE Medical/Surgery floor and The Carolyn Scott Rainbow House**

New toys, electronics, movies and prizes for daily activities. Rainbow House provides families a place to stay, eat, wash clothes and take a break from the hospital

- **2016- \$30,000 Mayo Eugenio Litta Children's Hospital in Rochester, MN**

Updating children's activity room with new furniture, equipment, activities, electronics

- **2015- \$30,000 All Children's Hospital of St. Petersburg, FL Autism Center**

Monitors and alarms for families to install at home for child's safety, magnitude of multi-sensory items, toys and technology to improve communication and motor skills

- **2014- \$25,000 Children's Mercy of Missouri Nephrology Department**

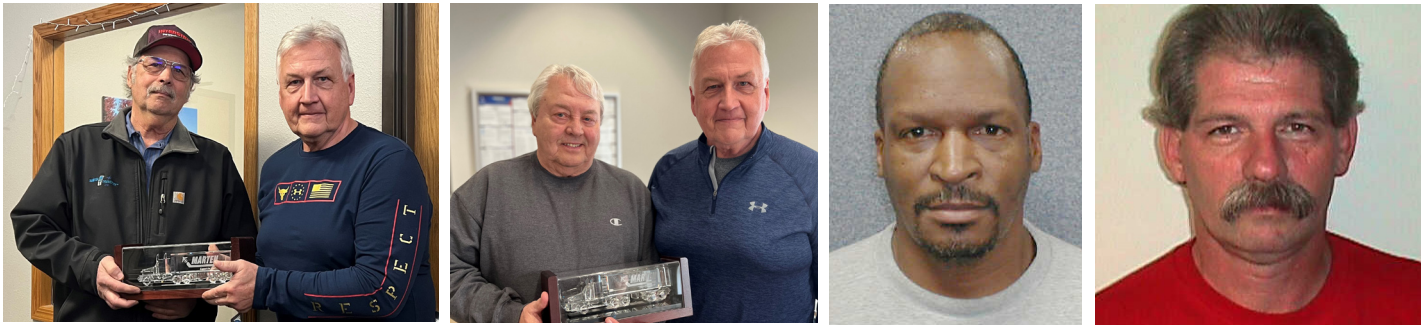
Children's blood pressure kits to have at home to monitor child's heart functions. Many insurances do not cover these

- **2013- \$25,000 Children's of Minnesota Oncology**
Infusion room sponsorship

Ten years ago, Drew was getting treatments at Children's of Minnesota for leukemia. Today he's 13, loves football, basketball, puzzles and Legos-anything he can build. He returns to Children's MN once a year for his annual check-up.



RETIREMENTS



From left to right: Mark Martin with Randy Marten, Gene Lemke with Randy Marten, Joseph Thomas and Don Pickford.

Saying Goodbye: 4 Bid Marten Farewell

Three drivers and a Maintenance employee retire from Marten

A group of four, long-term company employees capped off successful careers at Marten Transport recently.

- **Mark Martin** worked in Mondovi, WI in the Maintenance department as a tractor technician for 35 years. Mark wrapped up his career at Marten on February 9 of this year. Mark says he is looking forward to working on his farm and camping by Spooner Lake in Wisconsin. We wish Mark all the best in his retirement.
- **Gene Lemke** worked at Marten Transport as company driver for more than 20 years before he elected to retire in December 2023. In 2019, Gene received his Million Mile Award for driving accident free. In 2022 he went on to receive the Silver Medallion Award. Thank you for your many years of service and wishing you the best in your retirement.
- **Joseph Thomas** started behind the wheel of a Marten truck almost 35 years ago. In 2017 Joe was inducted into the Bronze Medallion Club and in 2021 he was inducted into the Silver Medallion Club. We would like to thank Joe for his many, many years of driving accident free and wish him the best of luck in his retirement.
- **Don Pickford** started as a company driver with Marten Transport in 1991. During his 30 years with Marten, Don was inducted into the Million Mile Club in 2009 and a few years later was inducted into the 2 Million Mile Club. We would like to thank Don for his many years of service and safe driving. Enjoy your retirement Don.

SAFETY

AS OF 3/1/23, WE HAVE PAID OUT \$1,192,280 TO OUR DRIVERS WHO HAVE SHUT DOWN DUE TO SEVERE WEATHER HAZARDS SINCE 9/1/22.

Remember that your safety comes first! If you feel unsafe driving, we will pay you \$25/hour up to \$250/day to shut down until conditions subside!



How to stay covered if you lose your Medicaid

If you're losing your Medicaid coverage, you may be eligible to enroll in a new plan right away as part of a special enrollment period.

Medicaid renewals are returning

In 2020, the COVID-19 pandemic created a public health emergency (PHE). During this time, Medicaid beneficiaries were not required to renew their Medicaid plans. Before the pandemic, Medicaid renewals—also called redetermination or recertification—happened each year. Beginning April 1, 2023, they will start again.

Medicaid status

If you are enrolled in Medicaid, maintaining your eligibility can depend on several factors, including changes in income, household size, age and disability status.

State Medicaid agencies can start processing eligibility redeterminations on Feb. 1, 2023, and terminating coverage for people who no longer qualify as early as April 1, 2023.

If you are enrolled in Medicaid, the exact date of your renewal will depend on your state. Your state Medicaid agency should contact you with instructions on any action steps you may need to complete.

Coverage options

If you no longer qualify for Medicaid and your enrollment is being terminated, there are ways to stay covered. Losing Medicaid coverage is called a qualifying life event because it may impact your health insurance. Experiencing a qualifying life event means you can enroll in a new health plan right away as part of a special enrollment period.

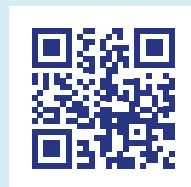
Most people have 3 options:

1. A health plan through your work
2. A health plan offered through the Health Insurance Marketplace at [healthcare.gov](https://www.healthcare.gov)
3. Medicare, if you are 65 or older

If you need to sign up for another health plan, the special enrollment period is typically 30 or 60 days.

Be sure to take action

- Talk to your employer about a health plan through your work
- Visit [uhc.com/staycovered](https://www.uhc.com/staycovered) to learn more about other coverage options
 - Point your smartphone camera at the QR code to scan it



- If you no longer qualify for Medicaid, call HealthMarkets at 1-888-595-3645 to speak to a licensed insurance agent who can help identify your coverage options

BENEFITS

Real Appeal | Weight Loss Support

Small Changes. Big Impact.

Now more than ever - making simple adjustments to your routine can help you feel better and improve your health. Meet Real Appeal - a free online weight loss program tailored to help you create health habits that fit into your life.

Stay Well. Stay Focused. Stay Connected.

Real Appeal is a program on Rally Coach™ available to you and eligible family members at no additional cost as part of your health benefits plan.



Stay Well with guidance from a coach who offers ongoing support to help you create lasting, healthy changes – when and how you need it.



Stay Focused on your nutrition, exercise, and weight loss goals using our 24/7 online resources and a Success Kit that's delivered to your door.



Stay Connected with 30-minute online sessions and a community of caring members to connect with and learn from.

Find Your Support at
enroll.realappeal.com

Have your health insurance ID card handy when enrolling.



New for 2022! Complete 9 or more Real Appeal coaching sessions and earn \$50. Members must opt-in in order to receive their incentive. Current members can log into their Rally Coach account and select "share my health information for incentives" under Settings. New members can opt-in during enrollment by clicking "share my health information" on the incentives consent screen.

RECOGNITION

THANK YOU FOR YOUR GENEROSITY & KINDNESS

Marten employees spread holiday cheer once again by donating hats, mittens and non-perishable food to local families in need!

We also continued the tradition with our annual winter clothing drive to benefit children in the Mondovi School System.

Our Tucker, GA location held a Toy Drive - which we donated \$1,000 toward as well.

These were just some of our annual holiday contributions!

WINTER CLOTHING DRIVE

HAT AND MITTENS DONATION

FOOD DRIVE

TUCKER TOY DRIVE

FEEDBACK

Employee Feedback

We appreciate your honesty. Please use this form for comments, complaints, or suggestions. Your input helps make Marten the best possible workplace for all employees. Drivers may submit this form in a Trip Pak envelope, ATTN: HR - to be routed to the appropriate department for a response. Office and terminal employees should submit to HR for departmental routing.

COMMENTS:

Name: _____ Driver No.: _____

SAFETY: A YEAR IN REVIEW



	2022 END OF YEAR TOTALS	2023 END OF YEAR PROJECTIONS
Trucks with Blind Spot Detection	2,680	3,640
Trucks with Lane Departure System	3,481	All Trucks
Trucks with Front Disc Brakes	1,200	2,160
Trucks with Front and Rear Disc Brakes	390	1,350

YOUR SAFETY MATTERS!

Marten Transport, Ltd.
129 Marten Street
Mondovi, WI 54755

2022
Quarter 4

DRIVERS OF THE QUARTER



Expect the Best!

- Mondovi OTR - Jose Bernabel
- Mondovi UM - Johnny Roberts
- Kansas - Larry Shelton
- Kansas Dry - Mark Nilges
- Georgia Dry - Shannon Hope
- Arizona Dry - Tracy Rachwitz
- Carlisle, PA - Joann Bailey
- Tampa, FL - Hector Ramos Solano
- Tucker, GA - Tony Winn
- Zionsville, IN - Marvin Bankhead
- Wilsonville, OR - Adrian Jensen
- Colonial Heights, VA - George Foster
- DeSoto, TX - James Jackson
- Memphis, TN - Barry Moulder
- Walmart (New Albany) - Raymond Thompson

- Intermodal - Bob Watkins
- Phoenix, AZ - Deonte Washington
- Walmart (Clarksville) - Scott Ward
- Coke Dedicated - Burnell Harris
- Walmart (Tomah) - Paul Eigeman
- Walmart (Shelbyville) - James Jones
- Walmart (Wintersville) - Bryan Winn
- Walmart (Monroe) - Larry Ramseur
- Target (Lugoff) - Montenio Johnson
- Clorox - Zachary Jordan